

## **FOR IMMEDIATE RELEASE**

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Your Time For Creative Empowerment, Inc.

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### **“Setting Boundaries to Creatively Navigate Social Relationships” for Youth and Parents at a FREE Self-Empowering Workshop**

**[Molloy College, Kellenberg Hall Amphitheatre, 1000 Hempstead Avenue],  
[Rockville Centre], [New York], [July 28, 2018] [9:30AM - 5:30 PM]**

**Your Time For Creative Empowerment Inc. will conduct its annual Self-Empowering Workshop for Junior High School through College Students and their Parents/Guardians to raise awareness of, and to provide tools for navigating, the many challenges which can interfere with school and college success, as well as, a healthy family dynamic.**

This year's Workshop will focus primarily on when and how to say, “yes” and “no”, and how to respect oneself and others in social relationships as a tool for self-improvement and personal development which will be reinforced through arts-related activities. Attendees can look forward to age-appropriate discussions facilitated by competent Resource Persons who will also address high school and college life issues, such as study habits, time management, values, peer pressure, peer relationships, internet safety, separation from home, alcohol, drugs, and sex.

Business and community partnership support, including the involvement of local Artists and Licensed Mental Health Practitioners is encouraged. The list of sponsors and donors thus far includes: Molloy College, Nassau County DA Community Outreach, The Safe Center LI, Hispanic Brotherhood of Rockville Centre, Madona Cole Originals, Bed Bath Beyond, My Time Has Come Program, Gino's Pizza and Italian Restaurant (Rockville Centre), AT&T (North Bellmore) and Island Buffet Hibachi Grill (Baldwin).

Complimentary breakfast and lunch will be served, and online Pre-Registration is necessary.

Please visit our websites for more information.

[www.yourtime4liny.org](http://www.yourtime4liny.org),

[www.creativeempowermentarts.org](http://www.creativeempowermentarts.org)

## About Your Time For Creative Empowerment, Inc.

Your Time for Creative Empowerment is a 501(c)(3) nonprofit corporation that educates and empowers children, adolescents and parents of both secular and faith-based communities in the Long Island area through the use of the arts, fashion and culture alongside creative counseling techniques as mechanisms to improve interpersonal relationships; to avoid pitfalls that are unique to life in the 21st Century; and to specifically identify and effectively develop healthy problem-solving, enhance personal development and increase cultural sensitivity.

# # #

**Setting Boundaries  
To Creatively Navigate  
Social Relationships**

**FREE** Self-Empowering Workshop for Youth (6th-12th grade) \* College Students \* Parents & Guardians

**Saturday, July 28, 2018 9:30 AM - 5:30 PM**  
**Molloy College Kellenberg Hall Amphitheatre**  
1000 Hempstead Avenue \* Rockville Centre \* NY 11570  
**Breakfast and Lunch will be served**

**Register Online \* [www.yourtime4liny.org](http://www.yourtime4liny.org)**

**Corporate and Individual Sponsorship** - see partial list below  
**Opportunities Available** (516) 965-3242 [info@yourtime4liny.org](mailto:info@yourtime4liny.org)

    

Nassau County District Attorney Office of Community Affairs

    

Hispanic Brotherhood of Rockville Centre  
Your Time For Creative Empowerment, Inc. is a 501(C)(3) Non-Profit Organization  
2018 A My Time Has Come Graphic Production

### Self-Empowering 2018 Workshop Flyer



Figure 2.. Your Time For Creative Empowerment, Inc. 2017 Get Set Mindset Participants



*Figure 1. A group shot of some 2017 Self-Empowering Workshop Attendees*



*Figure 2. Warm-up exercise to Willie-Joe Hatcher's drum beat at 2017 Self-Empowering Workshop*



*Figure 3. Your Time For Creative Empowerment, Inc. 2017 Youth Forum Participants*



*Figure 4. Lunch Time at Your Time For Creative Empowerment, Inc. 2018 Self-Empowering Workshop*